

EVALUATE YOURSELF:

1. Doubts | fear | anxiety spoil my game. Y N
2. I find it difficult to not do over-analysis. Y N
3. Very few performances are super performances. Y N
4. Progress & growth are very slow. Y N
5. It takes me a lot of time to bounce back from low performances. Y N
6. Listening to many inputs, results in confusion. Y N
7. I can not challenge every player in my category. Y N

Out of 7, if 4 or more answers are Yes then seek assistance from LEVEL NEXT GAME.